

## Specificaties NessFit Toestellen

### Basic/Style Line Single exercise

	nummer		Lengte	Breedte	Hoogte	Weight Stack kg
Leg extension	NMI1000	SMI1000	1380	1050	1490	100
Leg Curl	NMI1500	SMI1500	1550	1000	1490	100
Sitting Leg Curl	NMI1600	SMI1600	1600	1050	1490	100
Donkey Calf	NMI1800	SMI1800	1550	990	1490	200
Leg Press	NMI2000	SMI2000	1720	980	1790	200
Hack squat P.L. Ø50mm	NMI2200	SMI2200	1015	1340	1850	-
Leg Press P.L. Ø25mm	NMI2300	SMI2300	2070	1010	1350	-
Gluteus Press	NMI2500	SMI2500	1540	940	1490	70
Multi Hip	NMI2700	SMI2700	1380	1010	1580	100
Abdominal	NMI3000	SMI3000	1350	950	1490	70
Rotary	NMI3300	SMI3300	1270	1340	1490	100
Lower Back	NMI3500	SMI3500	1160	940	1490	70
Adductor	NMI4000	SMI4000	1060	1690	1490	70
Abductor	NMI4500	SMI4500	1270	1220	1490	70
Lat Machine	NMI5000	SMI5000	1320	960	2165	100
Pulley	NMI5500	SMI5500	1590	1050	1790	100
Chest Press	NMI6000	SMI6000	1350	1390	1690	100
Pecktoral	NMI6500	SMI6500	1350	1500	1750	70
Pull Over	NMI6700	SMI6700	1520	960	1490	70
Schoulder Press	NMI7000	SMI7000	1160	1400	1490	70
Deltoid	NMI7200	SMI7200	1150	1350	1490	100
Rowing	NMI7300	SMI7300	1410	980	1490	100
Vertical Traction	NMI7500	SMI7500	1310	1360	2070	70
Chin Dip Assist	NMI7800	SMI7800	1170	1410	2135	100
Arm Curl	NMI8000	SMI8000	1130	1370	1490	70
Triceps Extension	NMI8500	SMI8500	1130	1370	1490	70

### Cable jungle Basic/Style Line

	nummer		Lengte	Breedte	Hoogte	Weight Stack kg
Tricep Bicep Station	NMI8800	SMI8800	1010	1125	1900	4x70
Cross Over	NMI9000	SMI9000	2020	8070	1790	2x80
Advanced Cross Over	NMI9100	SMI9100	3600	1025	2355	2x80
Ercolina	NMI9200	SMI9200	1000	1060	2355	70
Multi Power Weightstack	NMI9500	SMI9500	1700	1320	2160	2x100
Multi Power P.L. Ø25mm	NMI9600	SMI9600	1720	1320	2160	-
Puls Station	NMI9900	SMI9900	2610	2610	2355	2x100 2x80 1x70

### SMS line

	Type nummer	Lengte	Breedte	Hoogte	Weight Stack kg
Lunge	MMI1700	1280	800	1565	70
Glutes	MMI2500	1160	800	1565	35
Leg	MMI2000	1280	800	1565	70
Abdominal	MMI3000	1300	800	1675	70
Chest	MMI6000	1180	1080	1565	35
Schoulder	MMI7000	1320	870	1625	35
Row	MMI7300	1185	1000	1565	35
Arm	MMI8000	1160	800	1565	35
Triceps	MMI8500	1280	880	1565	70
Vertical	MMI7500	1320	880	2025	70

FBS Line		Type nummer	Lengte	Breedte	Hoogte	Weight Stack kg
Functional Body System	BMI2008	Open:	3230	1340	2070	2x60
		Dicht:	1465	1340	2070	Toestel 300 kg

Fitwalker Line		Type nummer	Lengte	Breedte	Hoogte	Gewicht
Fitwalker	FW1000	Open:	1520	830	1440	85 kg
		Dicht:	670	830	1510	85 kg

Cadio line		Type nummer	Lengte	Breedte	Hoogte
Loopband		XN7700			
Crosstrainer		XN5700			
Ligfiets		XN2700			
Hometrainer		XN1700			

Benches & Racks		Type nummer	Lengte	Breedte	Hoogte
Adjustable bench		NPI0120	1320	550	490
Flat bench		NPI0150	1220	550	490
Sitting calf 25mm		NPI0180	1280	780	990
Squat rack 25mm		NPI0200	1550	1610	1720
Crunch bench		NPI0300	1420	550	1060
Chin dip abdominal		NPI0350	1010	1220	2135
Hyperextension bench 45°		NPI0370	1220	800	770
Trazi bar 25mm		NPI0500	1550	1100	1180
Bench press		NPI0600	1520	1480	1155
Decline bench press		NPI0630	1905	1460	1155
Incline bench press		NPI0650	1750	1460	1500
Shoulder bench press		NPI0670	940	1460	1710
Scott bench		NPI0800	870	1020	1010
Barbell rack 8 places		NPI0900	800	890	1630
Plate rack 10 places 25mm		NPI0950	560	1030	985
Dumbbell rack 2 meter		NPI0970	2010	710	830
Dumbbell rack 1 meter		NPI0975	1010	710	830

CODICE	lung. - lenght mm	prof. - dept mm	altezza - height mm	peso - weight Kg	pacco pesi std std weight stack	pacco pesi maggi. add. weight stack	telajo smontabile jointed frame	r.o.m.	OPTIONALS				
									vernice ara bescata a rabesc paint	carter integrale integral weight stack end	angolari effetto pelle caps brown leather color	imbottitura bicolore bicolor upholstery	perno diam. 50 pins diam. 50
NM11000	1380	1050	1490	224	100	120		*	*	*	*	*	
NM11500	1550	1000	1490	206	100	120		*	*	*	*	*	
NM11600	1600	1050	1490	229	100	/		*	*	*	*	*	
NM11800	1550	990	1490	224	200	/		*	*	*	*	*	
NM12000	1720	980	1790	307	200	/		*	*	*	*	*	
NM12200	1015	1340	1850	175	160	/		*	*	*	*	*	*
NM12300	2070	1010	1350	255	no	/		*	*	*	*	*	*
NM12500	1540	940	1490	183	70	100		*	*	*	*	*	
NM12700	1380	1010	1580	220	100	/	*	*	*	*	*	*	
NM13000	1350	950	1490	172	70	100		*	*	*	*	*	
NM13300	1270	1340	1490	248	100	/		*	*	*	*	*	
NM13500	1160	940	1490	162	70	100		*	*	*	*	*	
NM14000	1060	1690	1490	197	70	100		*	*	*	*	*	
NM14500	1270	1220	1490	192	70	100		*	*	*	*	*	
NM15000	1320	960	2165	217	100	120		*	*	*	*	*	
NM15500	1590	1050	1790	208	100	120		*	*	*	*	*	
NM16000	1350	1390	1690	238	100	/		*	*	*	*	*	
NM16500	1350	1500	1750	215	70	100		*	*	*	*	*	
NM16700	1520	960	1490	185	70	100	*	*	*	*	*	*	
NM17000	1160	1400	1490	190	70	/	*	*	*	*	*	*	
NM17200	1150	1350	1490	206	100	/	*	*	*	*	*	*	
NM17300	1410	980	1490	207	100	/		*	*	*	*	*	
NM17500	1310	1360	2070	195	70	/	*	*	*	*	*	*	
NM17800	1170	1410	2135	260	100	/		*	*	*	*	*	
NM18000	1130	1370	1490	192	70	/	*	*	*	*	*	*	
NM18500	1130	1370	1490	192	70	/	*	*	*	*	*	*	
NM18800	1010	1125	1900	414	70x4	/		*	*	*	*	*	
NM19000	2020	890	1790	320	80+80	/	*	*	*	*	*	*	
NM19100	3600	1025	2355	358	80+80	100+100	*	*	*	*	*	*	
NM19200	1000	1060	2355	172	70	100		*	*	*	*	*	
NM19500	1700	1320	2160	445	100+100	/	*	*	*	*	*	*	
NM19600	1720	1320	2160	163	no	/	*	*	*	*	*	*	*
NM19900	2610	2610	2355	650	/	/	*	*	*	*	*	*	
NPI0120	1320	550	490	42	/	/		*	*	*	*	*	
NPI0150	1220	550	490	27	/	/		*	*	*	*	*	
NPI0180	1280	780	990	67	/	/		*	*	*	*	*	*
NPI0200	1550	1610	1720	140	/	/	*	*	*	*	*	*	
NPI0300	1420	550	1060	50	/	/		*	*	*	*	*	
NPI0350	1010	1220	2135	85	/	/		*	*	*	*	*	
NPI0370	1220	800	770	37	/	/		*	*	*	*	*	
NPI0500	1550	1100	1180	91	/	/		*	*	*	*	*	*
NPI0600	1520	1480	1155	76	/	/	*	*	*	*	*	*	
NPI0630	1905	1460	1155	92	/	/	*	*	*	*	*	*	
NPI0650	1750	1460	1500	89	/	/	*	*	*	*	*	*	
NPI0670	940	1460	1710	85	/	/		*	*	*	*	*	
NPI0800	870	1020	1010	48	/	/		*	*	*	*	*	
NPI0900	800	890	1630	60	/	/		*	*	*	*	*	
NPI0950	560	1030	985	34	/	/		*	*	*	*	*	
NPI0970	710	2010	830	67	/	/	*	*	*	*	*	*	
NPI0975	710	1010	830	49	/	/	*	*	*	*	*	*	